Across
3. Condition/illness with 2 types one of which you get if you are too fat.
5. Not conscious.
6. Used when you do not want to show your own name.
8. You feel this if you or someone else lets you down
10. A common lunch item, a vegemite___.
12. A popular bbq item that you would have with tomato sauce.
14. An allocated time that you need to see someone, you need one to see a doctor.
15. You get these when you in your tummy when you are nervous.

Down
1. What you should do when you have had an argument with someone etc.
2. Opposition you fight at war, your worst______.
4. When you feel you are not able to complete a task.
7. Someone gives you this when you want some help.
9. Thunder or a loud noise like thunder.
10. Where your food goes once you've swallowed it.
11. The opinion you have of yourself.
13. Not on purpose.

For more information on Pat Flynn and his books go to his website
www.patflynnwriter.com